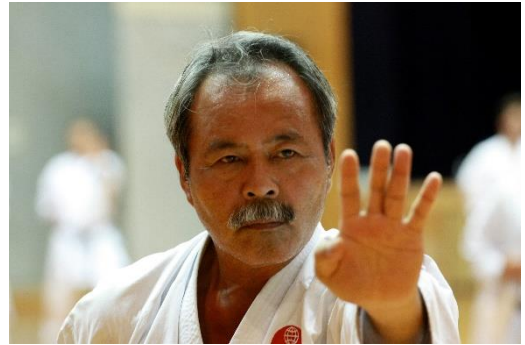


JKFNW GASSHUKU 2016 CAMP YOSHIDA



What: Unity Training Camp

This year we are pleased to welcome Ryuei-ryu master Tomohiro Arashiro Sensei as special guest instructor!



When: Friday August 12th to Sunday August 14th

*Note – Regular belt test will be Friday August 12th at 7:30pm.

Where: 29330 SE Stark St. Troutdale, OR 97060

Who: All ages and belt ranks are welcome along with family and friends.

HOW TO SIGN UP

1. Go to www.karateTmaster.com and follow the links to register and pay for camp. Use the guide provided below to pre-plan how much will be due.
2. Complete the attached consent form for each person attending camp.
3. Bring the completed consent forms to the registration table at camp to complete registration. (We must have a paper copy on file at the location.)

NOTE: To register for the belt test taking place Friday, August 12th at 7:30pm, please sign up with your Sensei as usual.

QTY	Description	Price
	Adult: Camp, All Meals, and Training	\$70.00
	Youth*: Camp, All Meals, and Training	\$55.00
	Adult: Camp and Meals only	\$50.00
	Youth*: Camp and Meals only	\$45.00
	TOTAL DUE	

*Youth rate applies to children 14 years old and under. Youth under 8 years of age may not attend without a parent or adult guardian.

Please pay online with a credit card if possible. If you need to make other payment arrangements (cash or check) please contact Charisse Braun at cyd@cdbraun.com for further instructions on how to register.

Every person attending Camp Yoshida needs to fill out this form:

NAME:	
AGE:	
ADDRESS:	
CITY:	
STATE & ZIP CODE:	
E-MAIL ADDRESS:	
BIRTH DATE:	
ALLERGIES that we should be aware of:	
CHRONIC CONDITIONS that we should be aware of:	
REGULAR MEDICATION that we should be aware of:	
<p>Medical Insurance Is Required To Attend. The following information is only to confirm that you are covered for any emergency:</p>	
DATE OF LAST TETANUS:	
MEDICAL INSURANCE CARRIER:	
POLICY ID#:	

The information above is correct to the best of my knowledge and I authorize any medical attention in case of emergency with the understanding of the attached Medical Consent, Release & Waiver Form.

MEDICAL CONSENT, RELEASE & WAIVER: I state that I wish to participate in Camp Yoshida sponsored by the Japan Karate Federation NW. I RECOGNIZE THAT ANY CAMP YOSHIDA ACTIVITIES MAY INVOLVE CERTAIN DANGERS. I certify that I am aware of all of the inherent dangers of any Camp Yoshida activities, including but not limited to, inexperience, accidents, or illness in areas without medical facilities, and the actions of any other members, any participants, or any other persons all of which may result in personal injury, death, property damage and other losses. In consideration for the right to participate in Camp Yoshida activities, I HEREBY RELEASE THE JAPAN KARATE FEDERATION HEADQUARTERS NW, JUNKI & LINDA YOSHIDA AS PROPERTY OWNERS, AND ANY INSTRUCTORS FROM ALL LIABILITY, CLAIMS AND CAUSES OF ACTION WHICH I MAY HAVE ARISING FROM PARTICIPATION IN CLUB ACTIVITIES. The terms of this agreement will serve as a release and indemnity agreement for my heirs, personal representative, and all members of my family, including any minors. I further state that I am eighteen (18) years of age or older and legally competent to sign this release; that I understand these terms are contractual and not a mere recital, and that I have signed this document as my own free act. I have fully informed myself of the contents of this release and indemnity by reading it before I signed below.

SIGNATURE OF PARTICIPANT: _____ DATE: _____

SIGNATURE OF PARENT OR GUARDIAN: _____ DATE: _____

Printed Parent or Guardian Name: _____

Directions:

29330 SE Stark St., Troutdale, OR 97060

From Salem

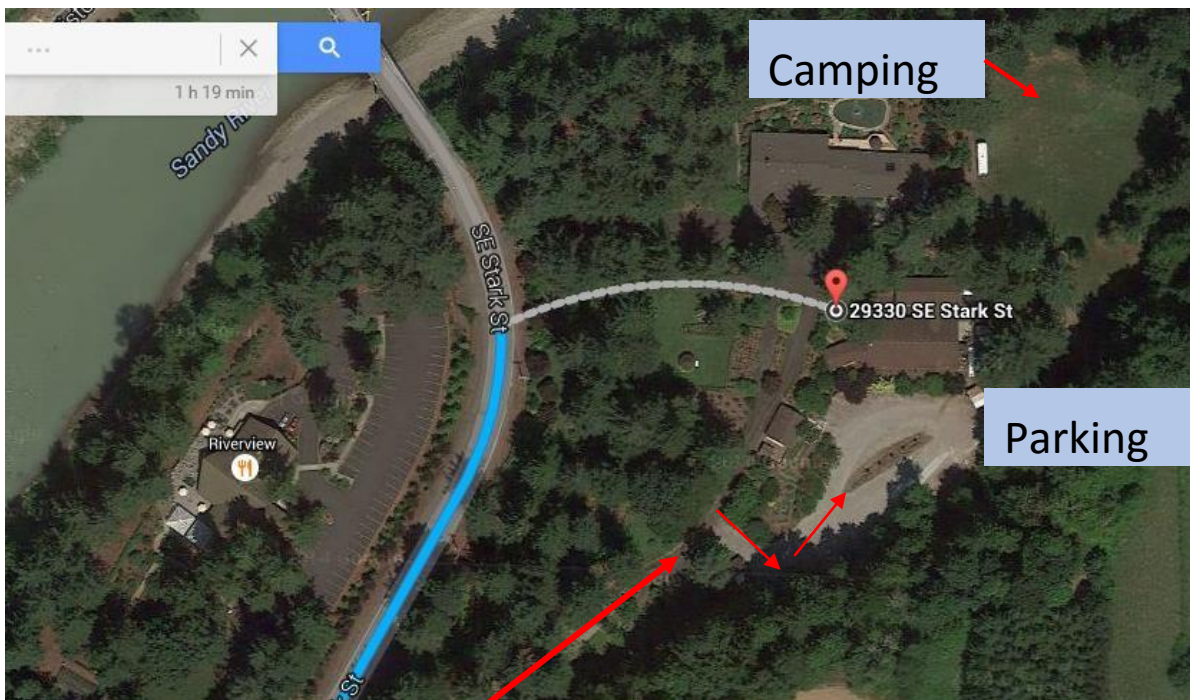
Take I-5 NORTH towards Portland.
Continue to follow the directions:
From Portland

From Seattle

Take I-5 SOUTH towards Portland.
Take I-205 SOUTH to I-84 EAST.
Continue to follow the directions:
From Portland

From Portland

Take I-84 EAST towards the Dalles.
Take Exit 18 (Lewis & Clark State Park).
Turn Left at First Stop Sign (Crown Point Highway). Continue on Historic Columbia River Highway / SE Crown Point Highway.
Turn Right and cross the SE Stark Street Bridge.
Turn Left at the Second gate after the bridge.



Packing Check-List

- Karate Gi and Belt
- Bo (there will be weapons training!)
- Sparring equipment (Hand Mitts, Mouth Guard, etc.)
- Tent, Sleeping Bag, Pillow
- Extra Clothes
- Coat
- Running Shoes
- Personal Water Bottle
- Coffee Mug
- Sun Block
- Sunglasses
- Mosquito Repellant
- Toiletries
- Towels
- Flashlight
- Frisbees and footballs!

Men's and Women's restroom facilities and showers will be available.



The event will be catered by the Riverview Restaurant!

Planned Schedule (Some times may vary)

FRIDAY, August 12th, 2016

3:00 pm - 6:00 pm	Arrival, set up, camp check-in
5:30 pm - 6:30 pm	TRAINING
6:30 pm - 7:30 pm	Dinner and Belt test Check-in
7:30 pm - 8:30 pm	Belt Test
8:30 pm - 10:00 pm	Free Time
10:00 pm	Quiet Time & Good Night!

SATURDAY, August 13th, 2016

7:30 am - 9:00 am	TRAINING
9:00 am - 10:00 am	Breakfast
10:00 am - 10:30 am	Free Time
10:30 am - 12:00 pm	TRAINING
12:00 pm - 1:00 pm	Lunch
1:00 pm - 2:00 pm	Free Time
2:00 pm - 3:30 pm	TRAINING
3:30 pm - 5:00 pm	Free Time
5:00 pm - 6:00 pm	TRAINING
6:00 pm - 7:00 pm	Dinner
7:00 pm - 8:00 pm	Free Time
8:00 pm - 10:00 pm	Free Time w/ Fireside
10:00 pm	Quiet Time & Good Night!

SUNDAY, August 14th, 2016

7:30 am - 9:00 am	TRAINING
9:15 am - 10:00 am	Breakfast
10:00 am - 12:00 am	Camp Clean-up*
11:00 am - 12:00 pm	Good-byes!

**Camp clean-up includes taking down tents, picking up garbage from around the site, putting away tables and chairs, and cleaning bathrooms. All participants should plan to help!*