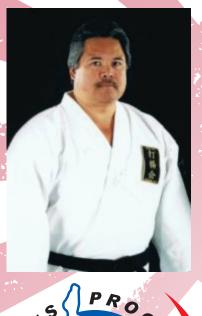
USANKF OF NORTHERN CALIFORNIA, INC. REGIONAL SPORTS ORGANIZATION

AND

HIP (HUMAN IMPROVEMENT PROJECT) CROSSFIT 209 TEAM ELEVATE



SENSEI GENE TIBON, NATIONAL DIRECTOR

Founder, USA Grassroots Karate Program

PRESENTS

SENSEI ABDESSELEM TAREQ

Head Coach Indonesia National Team (4 Gold Medals at Jr. Worlds)



OS A KARA

2016

Master Training Camp (France)

2013-2015

Head Coach Thailand National Team (3rd Overall Team, behind Iran and Japan at Asian Pacific Championships)

As Competitor:

- World Ranking #2 WKF K1 Premier League 2011 (-84Kg)
- Gold Medals President Cup 2008 (-80Kg) Baku, Azerbajan
- Gold Medals President Cup 2007 Seniors (-80 Kg) Tehran, Iran
- Gold Medals Milan Open 2007 Seniors (-80 Kg) Milano, Italy
- Gold Medals "Cup of Kings" 2009 Seniors (-80 Kg) Rabat, Morocco
- Gold French Champ of Regions 2008, 2010-2011 Seniors Paris, France
- Silver Medals Dutch Open 2012 K1 Premier League Netherlands
- Silver Medals Istanbul Open 2011 K1 Premier League-Turkey
- Silver Medals French Cup 2009 Seniors Team Paris, France
- Silver Medals "Copa Del Madrid" 2012 Madrid, Spain
- Silver Medals Montenegro-Karate Premier League Montenegro
- Silver Medals "Le Hetet Cup" Seniors (+76 Kg) Carcassonne, France
- Silver Medals Dutch Open 2012 -K1 Premier League Netherlands

Grassroots Membership Training Workshop

Grassroots Coaching Staff of Northern California:

Workshop \$85/day

(\$160 if signed up for both days in advance)

(includes cost of lunch)

Karate camp hours: 8AM - 1:30PM

Crossfit 209 Team Elevate Facility

3400 E. Eight Mile Road Stockton, CA 95207

Register online: www.karateTmaster.com

Host Hotel: Stockton Hilton \$129 / night (King bed w/ sofa bed)

Coupon code: "Grassroots Karate" Sales Office: (209) 956-1310

ROOM BLOCK ENDS 06/3/2016 REGISTER EARLY!

2323 Grand Canal Blvd. Stockton, CA 95207

http://www.hilton.com/en/hi/groups/personalized/S/SCKSTHF-GRASSR-20160624/index.jhtml?WT.mc_id=P0G

JUNE 25 & 26, 2016

