

JKR OKAIGAN DOJO presents

NORTHERN CALIFORNIA INVITATIONAL KARATE TOURNAMENT

Sunday, May 16, 2010

VENUE

Cupertino High School
10100 Finch Avenue
Cupertino, CA 95014

ACCOMODATIONS

Hilton Garden Inn
10741 North Wolfe Road
Cupertino, CA 95014
408-777-8787
\$79.99 dbl queen
CODE: JKR * 1.3 miles away

CONTACT INFO

JKR Okaigan Dojo * Sensei Mary Crawford
10051 Pasadena Ave, Ste 10 * Cupertino, CA 95014
408.257.4116 * WWW.OKAIGAN.COM * Crawford@Okaigan.com



Sensei Mary Crawford

Dear Athlete, Sensei, and Official,

It is my pleasure to extend my personal invitation for you to attend and participate in the Okaigan Dojo, Northern California Invitational tournament. The tournament will be held on Sunday May 16, 2010 in Cupertino, California.

It is with great honor to announce that Jim and Laura Doyle, both Pan American Karate Officials, will be officiating at our tournament!

This will be a great tournament for our junior competitors and students with little or no experience as well as with some of the best athletes in Northern California.

This year we are offering ON LINE registration! Please go to: WWW.karateTmaster.com

The door registration will be from 8:00-8:30 AM and the tournament will begin at 9:00 AM. There will be an officials meeting at 8:30 am.

The USA-NKF Rules of Karate Competition will be used in all divisions, however we reserve the right to make minor modifications.

All contestants must be a 2010, registered athlete with the USA National Karate-do Federation or you may purchase a **Day Membership for \$5.00.**

If you require any further information, please call Sensei Mary Crawford at (408) 257-4116 or you may email your questions to crawford@okaigan.com.

I look forward to the pleasure of your attendance at the championships.

Sensei Mary Crawford
Chief Instructor, Okaigan Dojo
USA-NKF Kata/Kumite Referee
Pan American Kata/Kumite Referee
World Karate Federation Kumite Judge
Northern CA Disney Coordinator
PATMA Official

Check List and Tournament Information

Complete and sign registration form:

- I have provided my email address (tournament use only).
- I have listed all the division numbers I am participating in, i.e. K3, S5 etc. and I have indicated my birth date, sex, and skill level.
- I have signed medical release statement at the bottom of registration form.
(If you are under 18, must be signed by parent/guardian and by participant).
- If you do not have an annual USA-NKF Membership, then please fill out attached USA-NKF form and mark \$5.00 DAY PASS on the form

I have attached the correct funds to match the divisions I am participating in

- Make check or money order payable to: JKR
- Mail registration form to: JKR Okaigan Dojo *10051 Pasadena Ave, Ste #10 *Cupertino, CA 95014
- Post mark prior to May 10, 2010.

Pre-registration is highly recommended.

- Tournament registration closes at 9:00 am Sunday, day of tournament.
- Late fee will be assessed for registering at the door on the day of the tournament.

On Line and Mail in, Pre-registration only.

- On line registration will close on May 3, 2010
- Mail in registration must be postmarked by May 10th or a \$20.00 late fee will apply.

Pick up tournament badges and check in times:

- Sunday, day of tournament, from 8:00 AM to 8:30 AM
- At tournament site: Cupertino, High School

Mandatory Equipment

- White Traditional GI required for competitors.
- Those participating in Kumite (fighting events) must wear red/blue hand pads, groin cup (boys/men), and mouthpiece. Red and blue shin/instep guards or white are optional, but recommended. Headgear and chest guards are optional.

Spectator Fees

- \$5.00 per person
- children 5 years and under and Seniors 55 over free.
(These fees are paid for on the day of the tournament; do not include them with your registration form).

Snack Shack

- There will be a snack shack with some items available for purchase.

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NORTHERN CALIFORNIA INVITATIONAL KARATE TOURNAMENT**

INSTRUCTIONS FOR TEAM DIVISIONS:

- Sensei, Coach, or Team Captain should fill out this form
- Submit a separate Team Registration Form for each team entry
- Each contestant must also fill out the Individual Competitor Registration form and sign the liability waiver.

Division # entered In:

**Fees (pre-registration must be received by May 10
\$60.00 per Team, late fee additional \$20.00)**

_____ **Team Kata**
_____ **Team Kumite**

Team Name:

Team Members:

1. _____
2. _____
3. _____

Dojo Information:

Dojo/Club Name: _____

Instructor: _____ **Style:** _____

Street: _____ **Phone:** _____

City: _____ **State:** _____ **Zip:** _____

Signature of Sensei/Coach/Team Captain

Print Name

Date

Team Kata
Team Kumite

Boys/Girls Men/Women may be mixed for all levels/ages

Boys/Girls Men/Women may be mixed for 9 and under and 10-13 ONLY

Please read entire form before signing. All Information is required.

Mail Pre-Registration to:

**JKR Okaigan Dojo C/O Mary Crawford, 10051 Pasadena Ave, Ste 10, Cupertino, CA 95014
MAKE THE CHECK PAYABLE TO: JKR**

DIV #	Kata Divisions	DIV #	Kumite Divisions
K1	Jr. Performance Division (4-6)		
K2	5 and under boys/girls mixed	S2	5 and under boys/girls
K3	6-7 boys beg/nov	S3	6-7 boys beg/nov
K4	6-7 boys intermediate	S4	6-7 boys intermediate
K5	6-7 boys advanced	S5	6-7 boys advanced
K6	6-7 girls beg/nov	S6	6-7 girls beg/nov
K7	6-7 girls intermediate	S7	6-7 girls intermediate
K8	6-7 girls advanced	S8	6-7 girls advanced
K9	8-9 boys beg/nov	S9	8-9 boys beg/nov
K10	8-9 boys intermediate	S10	8-9 boys intermediate
K11	8-9 boys advanced	S11	8-9 boys advanced
K12	8-9 girls beg/nov	S12	8-9 girls beg/nov
K13	8-9 girls intermediate	S13	8-9 girls intermediate
K14	8-9 girls advanced	S14	8-9 girls advanced
K15	10-11 boys beg/nov	S15	10-11 boys beg/nov
K16	10-11 boys intermediate	S16	10-11 boys intermediate
K17	10-11 boys advanced	S17	10-11 boys advanced
K18	10-11 girls beg/nov	S18	10-11 girls beg/nov
K19	10-11 girls intermediate	S19	10-11 girls intermediate
K20	10-11 girls advanced	S20	10-11 girls advanced
K21	12-13 boys beg/nov	S21	12-13 boys intermediate
K22	12-13 boys intermediate	S22	12-13 boys advanced
K23	12-13 boys advanced	S23	12-13 girls beg/nov
K24	12-13 girls beg/nov	S24	12-13 girls intermediate
K25	12-13 girls intermediate	S25	12-13 girls advanced
K26	12-13 girls advanced	S26	14-15 boys beg/nov
K27	14-15 boys beg/nov	S27	14-15 boys intermediate
K28	14-15 boys intermediate	S28	14-15 boys advanced
K29	14-15 boys advanced	S29	14-15 girls beg/nov
K30	14-15 girls beg/nov	S30	14-15 girls intermediate
K31	14-15 girls intermediate	S31	12-13 boys intermediate
K32	14-15 girls advanced	S32	14-15 girls advanced
K33	16-17 girls beg/nov	S33	16-17 girls beg/nov
K34	16-17 girls intermediate	S34	16-17 girls intermediate
K35	16-17 girls advanced	S35	16-17 girls advanced
K36	16-17 boys beg/nov	S36	16-17 boys beg/nov
K37	16-17 boys intermediate	S37	16-17 boys intermediate
K38	16-17 boys advanced	S38	16-17 boys advanced
K39	18-34 Men beg/nov	S39	18-34 Men beg/nov
K40	18-34 Men intermediate	S40	18-34 Men intermediate
K41	18-34 Men advanced	S41	18-34 Men advanced
K42	18-34 Women beg/nov	S42	18-34 Women beg/nov
K43	18-34 Women inter	S43	18-34 Women inter
K44	18-34 Women adv	S44	18-34 Women adv
K45	35+ Men beg/nov	S45	35+ Men beg/nov
K46	35+ Men int/adv	S46	35+ Men int/adv
K47	35+ Women beg/nov	S47	35+ Women beg/nov
K48	35+ Women int/adv	S48	35+ Women int/adv

DIV #	BLIND FOLD KATA
BF 50	Blind Fold Kata-Beg/Nov age 5-7
BF 51	Blind Fold Kata-Intr/Adv age 5-7
BF 52	Blind Fold Kata - Beg/Nov age 8-11
BF 53	Blind Fold Kata – Intr/Adv age 8-11
BF 54	Blind Fold Kata - Beg/Nov age 12-15
BF 55	Blind Fold Kata – Intr/Adv age 12-15

DIV #	Kobudo
WL 101	Long Kobudo 9 & under Beg/Nov G/B
WL 102	Long Kobudo 9 & under Intr/Adv G/B
WL 103	Long Kobudo 10-12 Beg/Nov G/B
WL 104	Long Kobudo 10-12 Intr/Adv G/B
WL 105	Long Kobudo 13-17 Beg/Nov G/B
WL 106	Long Kobudo 13-17 Intr/Adv G/B
WL 107	Long Kobudo 18+ Beg/Nov Mixed
WL 108	Long Kobudo 18 + Intr/Adv Mixed
SW 109	Short Kobudo 9 & under Beg/Nov G/B
SW 110	Short Kobudo 9 & under Intr/Adv G/B
SW 111	Short Kobudo 10-12 Beg/Nov G/B
SW 112	Short Kobudo 10-12 Intr/Adv G/B
SW 113	Short Kobudo 13-17 Beg/Nov G/B
SW 114	Short Kobudo 13-17 Intr/Adv G/B
SW 115	Short Kobudo 18+ Beg/Nov Mixed
SW 116	Short Kobudo 18 + Intr/Adv Mixed

DIV #	SPECIAL NEEDS DIVISION
SN49	Special Needs Performance Division

Team Kata	
TK1	Team Kata male/female 9 & under all ranks (3 person)
TK2	Team Kata male/female 10-13 all ranks (3 person)
TK3	Team Kata male/female 14-17 male/female (3 person)
TEAM KUMITE	
TS1	Team Kata male/female 9 & under all levels (3 person)
TS2	Team Kata male/female 10-13 all levels (3 person)
TS3	Team Kata female only 14-17 all levels (3 person)
TS4	Team Kata male only 14-17 all levels (3 person)

NOTE: We reserve the right to combine divisions if there are less than 6 competitors in the division.

NOTE: Each age division i.e. 12/13 Intr/Adv will be run back to back. (Individual kata, Blindfold kata and Individual kumite)
Competitors should bring kumite equip. to kata div. for use immediately after kata division
Weapons will be run separate.

For a complete list of rules please refer to the USA-NKF rules of karate competition

KATA RULES

- Flag system will be used for Individual Kata and Team Kata
- Point system will be used for special needs and Kobudo

Unless otherwise determined by the tournament organizing committee or the tournament director:

Competitors 17 years old and younger in the Beginner, Novice and Intermediate divisions shall perform their Katas two competitors at a time.

Advanced competitors shall perform their Katas two competitors at a time, except during the gold medal match.

Competitors 18 years old and older shall perform their katas one at a time.

Beginner and Novice competitors may perform only the following Katas:

Taikyoku

Heian - Pinan

Gekisai

Fukyu Kata

Kihon Kata

Intermediate competitors may use any kata and may repeat their kata, except in the gold medal match, they must choose a kata they have not yet performed.

Advanced competitors may use any kata, but each round must be a different kata, no kata's may be repeated.

KUMITE RULES

- Duration of the kumite bout
- 11 and under = one and a half minutes
- 12+ = two minutes

Face Contact

Adults (Age 18 and over)

Non-injurious, light, controlled "touch" contact to the face, head and neck (but not to the throat) with hand and foot techniques are allowed.

Youth Age 17 and Under

No touch or contact to the head, face or neck (including the facemask and head

Protector) is allowed with hand techniques. Jodan kicks may make the lightest touch ("skin touch") and still score. Any more than a skin touch will require a warning or penalty unless caused by the recipient (Mubobi).

For further clarification please refer to the USA-NKF (www.usankf.org) website

Click on "Member Resources"

Click on "Rules and Study Guides"

Click on "Kata/Kobudo and or "Kumite rules" for further clarification.

Team Kata Boys/Girls Men/Women may be mixed for all levels/ages

Team Kumite Boys/Girls Men/Women may be mixed for 9 and under and 10-13 ONLY

In Team Kumite all 3 athletes will compete however the winning team is the one with the most bout victories. Should the two teams have the same number of bout victories, then the winning team shall be the one with the most points, taking both winning and losing bouts into account.

JR Performance Division:

This is for our younger students (ages 4-6) who have not quite learned a kata yet. They may perform a section of their kata or perform any combinations of punches and/or kicking techniques for up to 30 seconds. Each student in this division will be receiving a medal.

Blind Fold Kata:

Participants will begin on a designated area/spot. They will perform their kata of choice blindfolded. At the end of the performance the distance between the start and end point will be measured. The participant who is closest will be deemed the winner.

Special Needs Division:

Students in this division may perform a kata or perform any combinations of punches and kicking techniques.