

# 53rd Washington Karate International Championships

Registration: [KarateTmaster.com](http://KarateTmaster.com)

Contact: (425) 641-8123 / (206) 784-3171

Edmonds College (Seaview Gymnasium)

20000 68th Ave W, Lynnwood WA

May 6, 2023, 9 AM



\$5 Admission (5yr olds & under free)

International Hayashi-Ha Shito-Ryu Karate-Do Federaton - USA [internationalshitoryu.com](http://internationalshitoryu.com)



**53<sup>rd</sup> WASHINGTON STATE INTERNATIONAL KARATE  
CHAMPIONSHIPS  
Saturday, May 6, 2023**

Dear Sensei, Coach, and Athlete,

It is our pleasure to invite you to attend the 53rd Washington State International Karate Championships, the longest running traditional karate competition in the area. We truly appreciate the past support from Senseis, officials, athletes, and volunteers, and hope you will join us again for this exciting event.

The tournament will be held on Saturday, May 6th at Edmonds College Seaview Gymnasium, 20000 68<sup>th</sup> West, Lynwood, WA 98036. Registration will open at 8:00am, there will be an officials meeting at 8:30am and the competition will begin at 9:00am. This competition will provide an excellent competitive opportunity for karate-ka of all ages and levels to test their skills and gain valuable experience. Divisions will be divided according to age and level with medals awarded for the top three places. We will have Team Kata events along with the Family Team Kata division.

Competitors are required to wear a traditional white gi, and all officials must adhere to the official dress code, which is: grey pants, white shirt, blue tie, blue blazer, and black non-marking soft-soled shoes. For kumite competition, modified WKF/USA-NKF rules will apply. Approved red and blue fistpads, mouthguard, and groin protector (males) are required. Optional equipment includes: approved chest protectors, shin/instep protectors, soft cloth arm guards, athletic safety glasses and headgear (for 13 & under). Our Chief Referee will be Sensei Chuck Sweigart, WKF Referee.

Online registration will be available at [www.karatetmaster.com](http://www.karatetmaster.com)

For more information, please contact Junko Arai at (425) 641-8123, [sensei@wkabellevue.com](mailto:sensei@wkabellevue.com) or Matthew Day at (206)784-3171, [mattday@washingtonkarate.com](mailto:mattday@washingtonkarate.com).

We look forward to seeing all of you there!

Sincerely,

Junko Arai & Matthew Day, Tournament Directors





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May 6, 2023**

## **Staging Schedule**

Listed below are approximate Staging Times. Please note that these are approximate STAGING times, not competition times. While we will do our best to stick with this schedule, everything is subject to change and it is still the responsibility of the competitor to be present when called.

8:40am: All Weapons Divisions, Team Kata (ages 13 & under)

9:00am: All 7 & under Divisions (Kata and Kumite)

10:00am: All 8- 9 year old Divisions (Kata and Kumite)

11:30am: All 10-11 year old Divisions (Kata & Kumite)

12:30pm : All 12-13 year old Divisions (Kata & Kumite)

2:00pm: Team Kata Divisions (14-17 year old, adult, family)

3:00pm: All 14-17 year old Divisions (Kata & Kumite)

3:30pm: All Adult, 35& over, 50 & over Divisions (Kata & Kumite)